



# DIVE SASK STRATEGIC PLAN

Updated June, 2018

## Our Mission

Dive Sask is committed to developing and promoting safe diving and opportunities for self-fulfilment and the pursuit of excellence at all levels.

## Our Vision

Diving is a highly visible, dynamic and rewarding sport in our communities. Our high standards of excellence and integrity position Dive Sask as a recognized leader at all levels of diving, coaching, officiating, volunteerism and administration

## Our Values

Value	Behaviour
Athlete Centric	Needs of the athlete always come first Opportunities available for participation at all levels
Integrity & Honesty	Respect opinions of all members Transparent Accountable
Respect	Confidential Considerate Value worth of all members Diplomatic
Fair Play	Consistency Follow the Rules Equal Opportunity
Innovation	Risk based Think outside the box Embrace new technologies and ideas
Excellence	Professional & realistic goal setting High standards of performance in every area
Teamwork	Collaborative Collective decision making Shared responsibility
Safety	Physical and emotional standards and boundaries

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## STRATEGIC OUTCOMES

### AREAS OF EMPHASIS

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#### ADMINISTRATION

**The efforts of the leaders of Dive Sask (staff, volunteers, Board) will be productive and effective**

#### CAPACITY

**The members of Dive Sask will be supported by a solid, financially stable and interactive structure**

Dive Sask will be a financially stable and fiscally responsible organization with at least \$100,000 in reserves

The Board of Directors will govern the association in a sound, productive and effective manner

The leaders of Dive Sask will maintain liaisons with other agencies and partners who assist in our ability to govern and grow our sport

Parents of young children under 10 in Saskatchewan will be aware that the sport of Diving offers opportunities for fun, fitness and the pursuit of excellence

Members of the Saskatchewan diving community will be connected by an effective communication network

The Board and Staff of Dive Sask will seek out innovative, forward thinking approaches to the development of partnerships, programs and resources.

Participants in our diving programs will be recognized and rewarded

#### PARTICIPATION

**Athletes, coaches, and officials throughout Saskatchewan will have opportunities to participate in the sport of diving at a Grassroots level – to experience safe diving for fun, fitness and recreation**

Our clubs will have sufficient numbers of recreational and competitive coaches to coach ongoing programs

The coaches in the Recreational and Pre Competitive programs will be trained, competent, and certified to NCCP standards

Our regional and provincial level officials will be trained and certified as per the DPC Officials program and will be actively judging at Rec and Pre Comp meets

We will have members in communities throughout Saskatchewan (at least 20 communities and 5 districts) participating in grassroots programs

Children and youth considered as under-represented populations (ie First Nations, persons with disabilities) will have opportunities to participate in the sport of diving

Athletes at a regional and provincial level (LTD, Novice) will experience the challenge and success of competition

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## EXCELLENCE

### **Athletes, coaches and officials (clubs) will have the opportunity to participate in the sport of Diving at an Elite level**

Clubs will have sufficient numbers of High Performance Coaches to lead Elite programs

- minimum 1 full time HP Coach and 1 full time Ass't coach at each club

High Performance Coaches will be certified at an appropriate NCCP level and will participate in further training and development

- All coaches of National level athletes will be at minimum trained at Comp Intro (Jr competitive coaches) or Comp Dev (Sr competitive coaches) and will have taken the Respect in Sport module. Each club will have at least 1 Comp Dev certified coach

High Performance Officials will be recruited, trained, mentored and given opportunities for growth and development at Provincial and National competitions

- minimum 4 National officials

Athletes who show the potential to move to an Elite level of competition will be identified and directed to the correct level of training

Athletes and Clubs will experience success in qualifying to attend and compete at National Championships

- 2 Qualifying meets will be held in Saskatchewan each year
- minimum of 24 athletes will qualify for Jr Nationals
- minimum of 4 athletes will qualify for Sr Nationals
- 75% of those attending Nationals will qualify for Finals
- More than 1 athlete will contribute to a Provincial total of at least 3 medals
- 2 clubs in Top 10 and 1 club in Top 5 at Jr. National Championships

Athletes will receive high quality training opportunities that will increase their technical skills

- Every athlete will have a personal Training plan that fits both his/her physical capacity (as measured by the JD Physical Testing Program) and the standards set by the DPC LTAD as related to hours of training and appropriate skill progression.

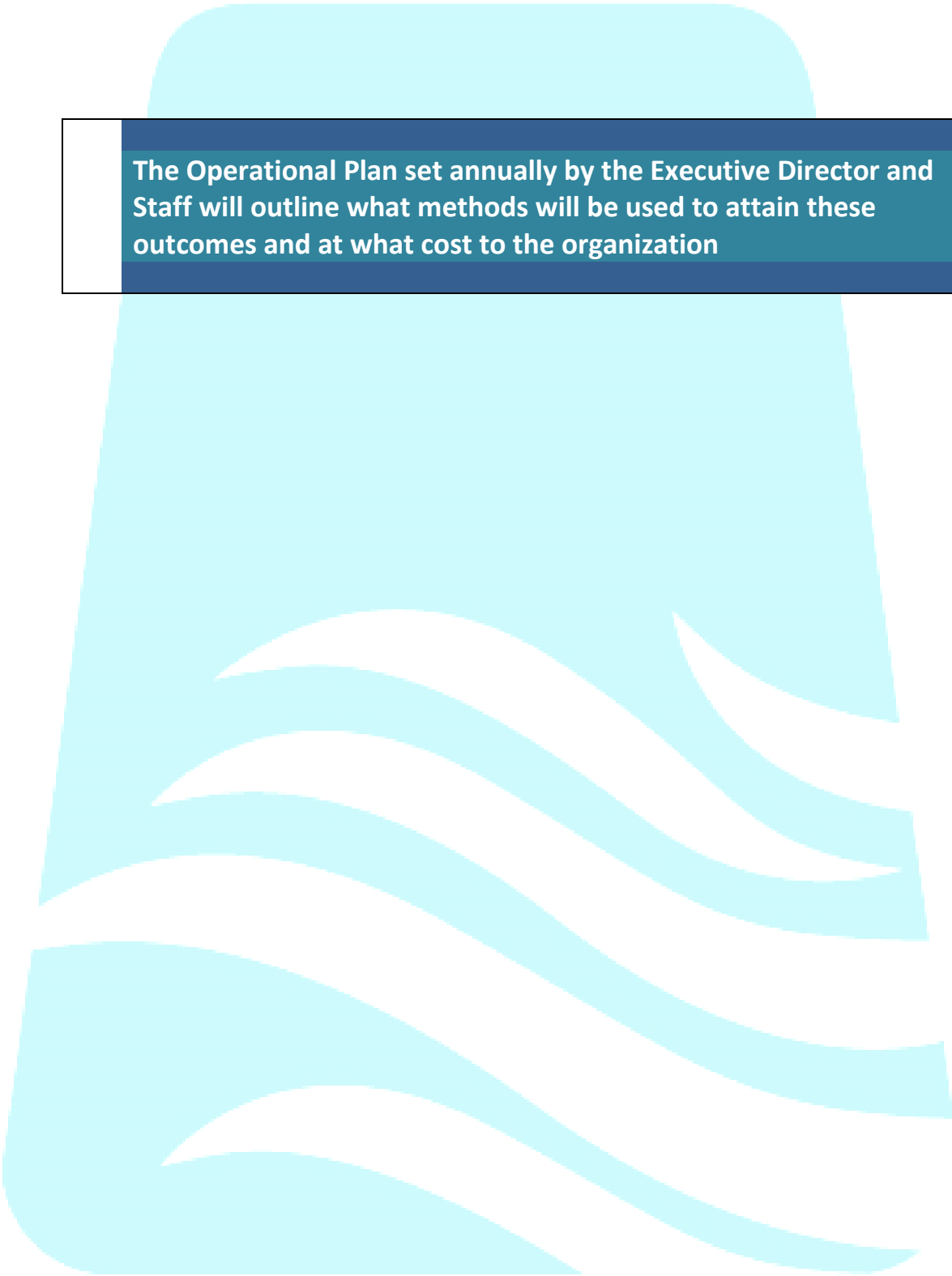
HP athletes will experience increased confidence and success at elite level competitions

- 2-4 athletes on Jr Nat team each year
- 1 athlete wins medal at Jr Pan Ams and/or Jr Worlds each year
- 1 athlete on Sr Nat team by 2020

HP Athletes will receive funding to help as they pursue their goals

Athletes will experience increased confidence and competitive success after taking part in education, training, and other services offered by the Sports Science and Medicine Council or other Sport Professionals

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The Operational Plan set annually by the Executive Director and Staff will outline what methods will be used to attain these outcomes and at what cost to the organization

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